

The ARC Ministry Staff

Lead Pastor – Kevin Van Wyk
Equipping Adults Pastor – Doug Shotsky
Equipping Youth Director – Jessa Ter Beest
Equipping Children & Families Director – Adrea Daane
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We Approach God

Welcome & Announcements New Member – Jackie Clark 3 Minutes for Missions – One Waupun

Praise Singing
"Build My Life"
"Lord, I Need You"

Congregational Prayer

We Hear God's Word

Summer JAM - Children 3 years old – incoming 5th grade are invited to the basement.

Message – Humility Scripture – 1 Peter 5:5b-6

We Respond to God

Prayer "Make Me a Servant"

Blessing



Sermon Notes: 1 Peter Week 3: Humility

Key Scripture: 1 Peter 5:5b-6

<u>1 Peter 1:3-4 -</u> 3 Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, 4 and into an inheritance that can never perish, spoil or fade--kept in heaven for you,

<u>1 Peter 1:15-16</u> - 15 But just as he who called you is holy, so be holy in all you do; 16 for it is written: "Be holy, because I am holy."

<u>1 Peter 5:5b-6 - All of you</u>, clothe yourselves with humility toward one another, because, "God opposes the proud but gives grace to the humble." 6 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.

2 Questions:

1. What is humility?

tapeinós (tap-i-nos') – properly, low; (figuratively) inner lowliness describing the person who depends on the Lord rather than self.

1 Peter 5:8 - Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

2. How can we live humbly?

1 Peter 5:6-7 - 6 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 7 Cast all your anxiety on him because he cares for you.

Application:

- 1. Rely on the Lord and not yourself. Trust Him to care for you.
- 2. Go over the Humility vs. False Humility handout on the back of your insert. Ask the Lord to show you areas you can work on. As always, discuss these as a family, or with others who know you well to help one another identify areas you can work on. We're not in this alone!
- Read through and learn to utilize these strategies on how to combat false humility. (This resource was retrieved from: https://leadingwithtrust.com/2019/10/06/4-ways-to-overcome-the-danger-of-false-humility/)

4 Strategies to Combat False Humility:

Have an attitude of gratitude—Being grateful reminds me of how fortunate I am in the big scheme of life. It helps me to be thankful for all the people who have contributed to my success and reminds me that I've received an awful lot of help along the way. **Hold power and position lightly**—Positions, power, and titles come and go. You are guaranteed to be disappointed if your self-worth is defined by your title or position. Hold these things loosely while you have them, use them for doing good, but don't trust in them to bring you lasting fulfillment and significance.

Accept praise graciously and authentically—I have to work hard at not using self-deprecating humor to deflect praise. "Even a blind squirrel finds a nut once in a while" is one of my reliable standby's. Instead, I have to remind myself to simply say "Thank you, I appreciate the recognition." Being humble doesn't mean devaluing your accomplishments.

Focus on serving others—When you are busy serving others you don't have time to think about yourself. Instead of worrying about what others think of your accomplishments, focus on doing good for others and the proper recognition will come your way in due time.

False Humility	True Humility	Pride
[thinking poorly of oneself, low self- esteem, feeling inferior]	[lowly of heart – not arrogant or boastful, ready to serve, teachable]	[vainglory, being conceited, feeling superior, arrogant]
Self-defeating mind-set and poor self-image, evaluating oneself too negatively – I'm a failure, I'm worthless, I can't do anything right, no one likes me.	Self-forgetfulness, selflessness, not self-centered, not fearful about what others think of you, or preoccupied with self concerns	Self-conceited – thinking too highly of oneself – an exaggerated opinion or exalted view of oneself
Tendency to be self-despising or to belittle oneself, to be self- deprecating around others, excessively modest, due to feeling inferior, useless, or unworthy	Balanced view of self and good understanding of personal strengths and weaknesses, and one's role and position in the wider community and society	Vanity and vainglory – excessive display, and boasting in one's appearance, qualities, abilities, and achievements
Preoccupied with anxious concern for oneself, can't focus on others	Self-giving and self-sacrificing for the sake of others in order to help, encourage, serve, and care for others	Self-centered, self-seeking, and selfish, concerned chiefly or only with yourself and your advantage, to the exclusion of others
People pleaser – does whatever others want regardless of what is the prudent or right thing to do	Lowly of heart – treats everyone with respect, care, and concern, regardless of their status, position, or worthiness, not playing favorites	Selfish ambition and the drive to get ahead of others at their expense
Timid or insecure – lacking in self- assurance, afraid to take initiative, afraid to speak up or be assertive when needed	Other-focused, mindful of others' interests and concerns, and ready to put aside personal preferences to serve others	Domineering and over-bearing, too demanding, too opinionated, too outspoken, too assertive
Overly dependent on what others think – lacks prudence to think and judge rightly	Servant-hearted, ready to serve others wholly for their good without seeking personal gain	Treats others as inferiors or unworthy of your care and concern
Fearful of correction and feedback because of low self-worth or poor self-image	Teachable, receptive to receiving correction, training, and feedback	Unteachable, refuses correction, resists feedback

(https://childofgodsgrace.files.wordpress.com/2014/05/humility.jpg)

Upcoming Events

Jul 11 8:30am – Sunday School Guide Class

9:30am - Pastor Doug

Jul 12 Youth Mission Trip to WI Rapids

7:00pm - Deacon Meeting

Jul 13 8:00am – Prayer Meeting

7:00pm - Consistory Meeting

Jul 18 8:30am – Sunday School Guide Class

9:30am - Pastor Kevin

5:00pm - Summer Celebration at McCune Park

Youth News

Please pray for our group of 22 students and adults heading to Wisconsin Rapids to put on a community outreach Vacation Bible School there. No youth hangouts or Bible study this week.

Opportunities to Get Involved

Teacher Needs – We have openings for teaching/helping in multiple grades for both Bible Class and Sunday School this upcoming school year. If you're interested or want more information, please contact Adrea.

CCCD Mission Trip Informational Meeting – Marty Huizenga will be hosting an informational meeting in the consistory room on Sunday, July 18th at 1pm for anyone who is interested in going on the mission trip and/or has more questions/wants more information.

Summer JAM – All 3 year olds – incoming 5th graders are invited to join us for Summer JAM (Jesus and Me) during the service every 2nd Sunday of June, July & August. Kids will be invited to the basement before the sermon starts for games, activities or crafts focused around a Bible lesson just for kids (split into PreK & elementary groups).

Men's Golf Outing – Join us for a fun afternoon of golf on Sunday, July 25th at 3:30pm at The Rock Golf Club in Waupun. 9 holes of golf (including cart) + meal = \$40. Sign-up individually or as a group at the information desk or by contacting Joel by July 18th. If you'd rather not golf, but still want to join in you're invited to join us for the meal, just talk to Joel Bruins 948-0938.

Summer Celebration – The Summer Celebration is Sunday, July 18th at 5-7pm at McCune Park. Invite your friends and join us for food, fellowship, bounce houses, kickball, and a homerun derby! If you would be willing to bring a pan of bars, please sign-up at the Information Center.

Alto Fair Booth – We are looking for volunteers to sit at the ARC's booth at the Alto Fair (Aug 11-12). This is a great way to catch a break in the shade and chat with a bunch of people as they walk through the booths. If you're able to help with this, please sign-up at the Information Center.

Bulletín Board News

Offering may be placed in one of the three white offering boxes located in the lobby. Upcoming benevolent schedule: 7/11 Regular Benevolence, 7/18 Waupun Food Pantry, 7/25 WNWC/KLUV Christian Radio, 8/1 Missionary Salary.

Congrats to Darlene Ter Beest as she celebrates her 85th birthday on July 14th.

CCCD Van Fund – We are collecting donations for a new van for the Caribbean Christian Centre for the Deaf. The goal is to collect a total of \$20,000. Donations should be labeled CCCD van fund (on the envelope or check memo) and may be placed in the offering boxes in the lobby.

Baskets – Thanks to those who donated baskets for VBS decorating. You may pick up your baskets from under the mailboxes.

Youth for Christ Peach Sale is back! Peaches will be available at The Union / YFC Youth Center in Waupun, from 11am-6pm, Wednesday thru Friday, July 14-16th until sold out. Peaches... direct from Georgia! For more info visit www.badgerlandyfc.org or call 923-1416.

My Faith Journey

By Jackie Clark

I grew up in Alto, just up the road from this church where my parents still live. God was and is the foundation of my family. I grew up going to County Line Lutheran Church on AW. It is a small church but one that gave me an enriching faith experience. It was at my confirmation though when I gave my life to Christ. At the time all that memorization was daunting but all those words on the paper were not just words anymore and I understood what God was speaking to me through those words "Follow me". It was like traveling a gravel country road and reaching a smooth paved road where my faith journey became smoother and clearer. Oh like all roads, there are bumpy ones, curvy ones, and then you get to some that come to a Y – Do I go right or left? As I reflect on my life, sometimes God was behind me pushing me forward, sometimes God was next to me holding my hand, and sometimes God was ahead of me leading the way. Nobody's life is perfect and we all make choices, but when you give your life to Christ you know that as Jeremiah 29:11 says "Oh the plans I have for you declares the Lord. Plans to prosper you and not to harm you. Plans to give you hope and a future."

In April of 2019, I had my most personal encounter with God, that changed my life. I was at a Y in my life. I was heading to Tampa to attend the National PE Convention and as our plane was ascending into the clouds over Milwaukee I heard someone whisper into my ear. "Jackie, today is the first day of the rest of your life." I can't explain it but I looked over my shoulder to see the people behind me asleep and then a peace came over me and I knew at that moment it was God speaking to me. That was a moment of faith and intimate moment in my faith journey. That path became crystal clear that day and I choose to go right! Right into the path God has laid out for me, which has lead me right back to my roots, back to Alto and back to a place that I saw every day growing up, here at Alto Reformed Church where I want to continue my faith journey with you all as my church family.

God's blessings-Jackie

P - praise R - repent A - ask Y - yield

Praise: Today, we rejoice in how You have blessed us this week. We saw Your love in the precious faces of our children during VBS week, in the rain and cool temperatures, and in giving us peace through trials and speaking to our hearts through your word. We give thanks and praise for your blessings.

Repent: Forgive us for seeking comfort and pleasure above serving sacrificially. Reveal to us when we slip into being selfish and unloving, and change our hearts.

Ask: We ask for healing, strength and peace for those listed below as they face challenges each day. Renew their hearts, minds, and bodies to continue to live faithfully in this world. •Give wisdom to our Classis as they have received our petition to transfer out of the RCA to ARC. Guide the Classis team which will meet with our consistory and church, and then make a recommendation to the Classis. Guide the RCA representatives as they prepare for the General Synod in October and the Classis representatives as they meet in November. •Help us remain faithful to You.

Yield: We devote ourselves to You as our Lord and Master. We will seek you above all and obey your Word each day.

THIS WEEK... Pray for those going on the youth mission trip and that it would be a great week of building relationships. Jack Lemmenes, Ella Lemmenes, Blayne Kloosterboer, Ashton Enders, Eden Schultz, Leah Buwalda, Ruth Brewer, Zack VanWyk, William Shotsky, Victoria Shotsky, Jeremiah Shotsky, Lucas Bresser, Libbi Campbell, Doug Shotsky, Marlaina Shotsky, Keith Loomans, Jessa TerBeest, Miley TerBeest, Benita TerBeest, Peggy Bresser, Randy Bresser, and Stephanie VanWyk.

Healing: Friends and family with cancer, undergoing treatment, hospitalized, recovering from surgery or illness: Betty Benson, Harlan Bossenbroek, Ashley Bruins, Randy Bruins, Josie Buiter, Dusty Deming, Paul Elenius, Alvin Harmsen, Sharon Harmsen, Dave Rumley, Tim Tenpas, Azyrah Ter Beest, Carl VanderKooi, Jake Vande Zande, Ron Vande Zande, and Silas Willey.

Military Personnel:

Aaron Zeatlow, stationed in New Mexico; Sebastian Hoenisch, stationed in the San Diego, grandson of Larry & Gloria Mulder; Mitch Miller, (former youth group student) Marine deployed to the Middle East

Shut-ins: Members in assisted living, nursing homes or those confined to their home: Anchor Communities (Brandon): Dale Kastein Barrett House: Lowell Glewen Christian Home: Sharon Harmsen, Gladys Kastein, Helen Straks, Junice Vande Zande, Kay Vande Zande Christian Homestead: Warren Vande Zande Evergreen: Glen Loomans *Home:* Margaret Hoekstra, Dayton Ter Beest Maple Meadows: Arlene Henning Marvin's Manor: Eleanor Loomans Prairie Ridge: Annice Hopp

Missionaries: Bob Abel – Remember Nhu, Steve & Amanda Bialy – Converge, Chris Briggs – CCCD, Mandy Kimes – His House Christian Fellowship, Andy Lickel – InterVarsity, Jersey & Preston Sheldon – Overland Missions, Randy & Wanda Potratz – SIM, Scott Ritzema – Youth for Christ