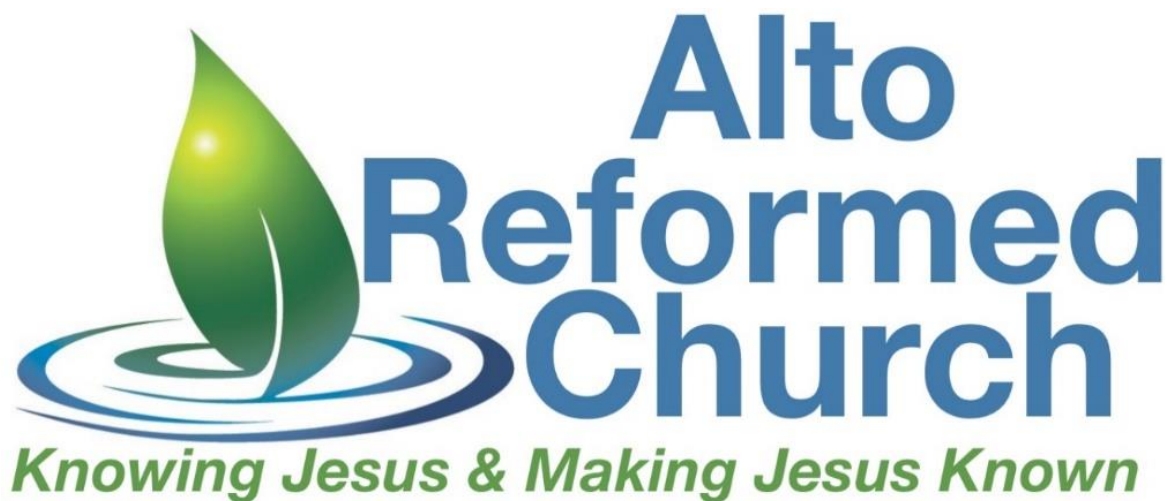


**March 14, 2021**



**The ARC Ministry Staff**

Lead Pastor – Kevin Van Wyk

Equipping Adults Pastor – Doug Shotsky

Equipping Youth Director – Jessa Ter Beest

Equipping Children & Families Director – Adrea Daane

Office Administrator – Megan Vande Zande

N3697 County Road EE

Waupun, WI 53963

920.346.5505

[office@altoreformedchurch.org](mailto:office@altoreformedchurch.org)

[www.altoreformedchurch.org](http://www.altoreformedchurch.org)

## **We Approach God**

Welcome & Announcements

Praise Singing

\*"My Lighthouse"

\*"Oceans"

Congregational Prayer

Jr Choir – "Magnify"

## **We Hear God's Word**

Children's Message

Message – Discipleship Essentials: Walking in Obedience

Scripture – Ephesians 4:17-32

## **We Respond to God**

Prayer

\*"Build My Life"

Blessing

*\*songs played at both 8am & 10am services*



# DISCIPLESHIP ESSENTIALS

## Sermon Notes: Fruit of the Spirit

### Key Scriptures: Ephesians 4:17-30

**Q:** What does it look like for us to do battle in the flesh?

**A:** We do battle in the physical realm by walking in obedience.

**Ecclesiastes 12:13b** - Here now is my final conclusion: Fear God and obey his commands, for this is everyone's duty.

**Galatians 5:16-17** -16 So I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.

### 4 Battles:

1. **Lies vs. Truth.** (Eph. 4:25)
2. **Bitterness vs. Reconciliation** (Eph. 4:26)
3. **Stealing/Taking vs. Working/Giving** (Eph. 4:28)
4. **Unwholesome Talk/Gossip vs. Wholesome talk/Affirmation.** (Eph. 4:29)

**Gossip** - Saying something negative about someone behind their back.

**Affirmation** - Saying something positive directly to someone.

### Application:

1. **If you've lied to someone, confess and ask for forgiveness.**
2. **If you're holding bitterness towards someone, initiate reconciliation.**
3. **If you're stealing, stop and pay it back. If you're not stealing, give to someone in need this week.**
4. **If you have an issue with someone go to them and talk about it. Otherwise, intentionally go to at least 3 people this week and affirm them.**

## *Upcoming Events*

- Mar 14** 8:00am – Pastor Doug  
9:00am – Sunday School, Women’s Bible Study – “Focus Reset Challenge”  
10:00am – Pastor Doug, Jr Choir  
3:00pm – Manitoqua Mission Team Meeting  
7:00pm – Crops, Livestock & Industry Prayer Service
- Mar 15** 6:30pm – Women’s Bible Study – “Armor of God”, Men’s Ministry Team Meeting
- Mar 16** 8:00am – Prayer Meeting  
6:30pm – Women’s Bible Study – “Book of Joshua”  
7:00pm – Equipping Children & Families Team Meeting
- Mar 17** 9:30am – Golden Lifers  
6:00pm – Sonshine Singers  
6:30pm – Bible Class  
7:30pm – Bible Study – “Galatians”, High School Youth Group
- Mar 18** 7:00pm – Worship Ministry Team Meeting
- Mar 21** Manitoqua Mission Team Leaves  
8:00am – Pastor Kevin  
9:00am – Sunday School  
10:00am – Pastor Kevin, Mixed Choir  
5:30pm – Jr Praise Band  
6:00pm – Jr Choir  
6:30pm – Middle School Youth Group

## *Youth News*

**Middle School** – Tonight we’re leading the Crops and Industry Prayer Service! Praise band should be in the sanctuary at 5:45 and everyone else should be at church by 6:30. The service will begin at 7pm.

**High School** – Wednesday is question and answer night! Here are just a few of the great questions you asked that we’ll be answering! How do I minister to a Mormon? Why when I want something so bad for so long can I not ever have it? Do you think there is a part in the Bible that is more important than a different part? Since times change do the words of the Bible change as well? Why does God let bad things happen to good people? See you at 7:30!

**Soda/Water Bottle Donations** – If you would be willing to donate 2 cases of water bottles or 2-24 packs (or 4-12packs) of soda to youth group this year please sign up at the information desk. We really appreciate your donations and your support! Donations can be brought to the youth room Sunday mornings or Sunday or Wednesday nights before youth group.

## *Opportunities to Get Involved*

**Crops, Livestock, & Industry Prayer Service** – Join us this evening at 7pm as the youth lead us in prayer and worship.

**Golden Lifers** will be starting again on Wednesday, March 17<sup>th</sup> at 9:30am and will meet for 6 weeks ending on April 21<sup>st</sup>. Pastor Ted will be continuing the Bible study on Romans. (Chapter 11 in the study book) We welcome any who would like to join us.

**VBS Decorating Day** – Join us Tuesday, March 30<sup>th</sup> at 9am-12pm to help with backdrops and other décor and prep for VBS.

## *Bulletin Board News*

**Offering** may be placed in one of the three white offering boxes located in the lobby. Upcoming benevolent schedule: 3/14 Waupun & Brandon Food Pantry, 3/21 Camp Manitoqua Mission Trip, 3/28 Missionary Salary, 4/4 Union.

**Congrats** to Barrie & Ardyce Tenpas as they celebrate their 64<sup>th</sup> wedding anniversary on March 15<sup>th</sup>.

**Food Pantry Donations** – The Women's Ministry is collecting donations for the Waupun Food Pantry for the month of March! These are the current items needed: Tuna, Chicken Noodle Soup, Flavored Oatmeal, SpaghettiOs and Ravioli. Please bring in your donation items by March 28<sup>th</sup> to church and place them in the tote by the Children & Families Resource Center.

## P - praise R - repent A - ask Y – yield

**Praise:** We praise you, Lord, for the healing you've brought thus far to those listed below. We rejoice in your power to heal and your compassion to see us through.

**Repent:** Lord, we confess that we take healing for granted and lack faith to pray boldly for miracles. Forgive us for doubting your power and love.

**Ask:** Father, give us a greater hunger for Your Word, a clearer vision for the future, and a stronger will to go wherever You lead. •May our community, nation and world find hope in Jesus as we obey Your call. •Grant us wisdom and discernment as the church evaluates affiliating with a new denomination. •Pour down Your peace, healing, and protection on teachers, parents, healthcare workers, and those listed below.

**Yield:** We surrender to Your plans and commit ourselves to obey Your Word each day. Amen.

**THIS WEEK...** Pray for Randy & Wanda Potratz as they transition back into the US and navigate their future plans.

**Healing:** Friends and family with cancer, undergoing treatment, hospitalized, recovering from surgery or illness: Harlan Bossenbroek, Donna Bruins, Josie Buitter, Paul Elenius, Sharon Harmsen, Dave Rumley, Heidi Schindel, Rollie Schroeder, Dale Schultz, Azyrah Ter Beest, Carl VanderKooi, Jake Vande Zande, Ron Vande Zande, Ryan VanHise, Mark Vossekuil, Bette Walstra, Connie Wiersema, and Silas Willey.

### **Military Personnel:**

Aaron Zeatlow, stationed in New Mexico; Sebastian Hoenisch, stationed in the Middle East, grandson of Larry & Gloria Mulder; Mitch Miller, (former youth group student) Marine deployed to the Middle East;

**Shut-ins:** Members in assisted living, nursing homes or those confined to their home: **Anchor Communities (Brandon):** Dale Kastein **Barrett House:** Lowell Glewen **Christian Home:** Gladys Kastein, Helen Straks, Junice Vande Zande, Kay Vande Zande **Christian Homestead:** Warren Vande Zande **Evergreen:** Glen Loomans **Home:** Margaret Hoekstra, Dayton Ter Beest **Maple Meadows:** Arlene Henning **Marvin's Manor:** Eleanor Loomans **The Meadows:** Donna Kastein

**Missionaries:** Bob Abel – Remember Nhu, Steve & Amanda Bialy – Converge, Chris Briggs – CCCD, Mandy Kimes – His House Christian Fellowship, Andy Lickel – InterVarsity, Jersey & Preston Sheldon – Overland Missions, Randy & Wanda Potratz – SIM, Scott Ritzema – Youth for Christ