

**October 20, 2024**



**The ARC Ministry Staff**

Lead Pastor – Kevin Van Wyk

Equipping Young Adults & Families Director – Tim Fennell

Equipping Youth Director – Randy McDaniel

Equipping Children & Families Director – Lynnae Loomans

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## **We Approach God**

Welcome & Announcements

Baptism – Ellis Everly, daughter of Shawn & Morgan Montsma

Praise Singing

“Because He Lives” Hymn #260

“Scars”

“Goodness of God”

3 Minutes for Missions – Preston & Jersey Sheldon

Congregational Prayer

## **We Hear God’s Word**

Children’s Message – Linda Mulder

Message – Discouraged? How to Survive

Scripture – 1 Kings 19:1-21

## **We Respond to God**

Prayer

“Give Me Jesus”

Blessing

Family Memory Verse – To act justly and to love mercy and to walk humbly with your God. –  
Micah 6:8

*If you are newer to Alto Reformed Church, we invite you to fill out a Connection Card, located at the entrance to the sanctuary, and turn it in at the Fellowship Kitchen for a small gift.*



## DISCOURAGED? HOW TO SURVIVE

1 Kings 19:1-21

### THREE PHASES OF REAL LIFE:

(After the Mountaintop)

1. \_\_\_\_\_

He stopped \_\_\_\_\_ rationally about God. (3)

He \_\_\_\_\_ supportive relationships. (3)

He let fear suck his \_\_\_\_\_ and physical energy. (4)

He held himself up to \_\_\_\_\_ expectations. (4d)

He adopted an attitude of \_\_\_\_\_ pity. (10,14)

He believed the \_\_\_\_\_ that he was alone. (10,14)

2. \_\_\_\_\_

**God \_\_\_\_\_ Elijah!**

An Angel \_\_\_\_\_, \_\_\_\_\_, and fed Elijah (5,6)

An Angel came back, \_\_\_\_\_, spoke, and \_\_\_\_\_ Elijah (7-8)

God \_\_\_\_\_ graciously (9,11-13)

3. \_\_\_\_\_

\_\_\_\_\_ on the mountain. (11)

\_\_\_\_\_ back. (15)

\_\_\_\_\_ Hazael (15), Jehu (16), and Elijah (19-21)

### APPLICATION:

\_\_\_\_\_ to God to give you \_\_\_\_\_.

*Ephesians 3:16-17 (NLT)*

*I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts...*

### DISCUSSION QUESTIONS:

1. What is discouraging you?

2. What tends to be your “go-to response” or escape? (Facebook, Youtube, food, porn...)

3. Will you run to God this week?

4. What will it look like for you to run to God in prayer?

## *This Week's Events*

- Oct 20** 8:30am – Prayer Meeting  
9:30am – Pastor Kevin, Baptism – Ellis Montsma, 3 Minutes for Missions:  
Preston & Jersey Sheldon  
10:45am – Sunday School  
3:30pm – Pumpkin Palooza  
5:30pm – Middle School Praise Band  
6:30pm – Middle School Youth Group
- Oct 21** Parking Lot Project Begins
- Oct 22** 8:00am – Prayer Meeting  
9:30am – Women's Bible Study: 1, 2, 3 John at The Mill  
6:00pm – Staff Reviews w/ Exec Team  
6:30pm – Women's Ministry Team Meeting
- Oct 23** 7:30pm – High School Youth Group: A-Teams (check w/ your group for location)
- Oct 24** 6:30pm – YA Women's Small Group
- Oct 25** 6:30pm – YA Halloween Heist
- Oct 27** 8:30am – Prayer Meeting  
9:30am – Pastor Kevin, Sonshine Singers, Covenant Partnership – Tim Fennell,  
3 Minutes for Missions – Remember the Children  
10:45am – Sunday School  
5:30pm – Middle School Praise Band  
6:30pm – Middle School Youth Group

To view the church calendar, go to [www.altoreformedchurch.org](http://www.altoreformedchurch.org)

## *Opportunities to Get Involved*

**Pumpkin Palooza** – Invite your friends and join us for an afternoon of fun and games on the church hill Sunday, October 20<sup>th</sup> at 3:30-5:30pm. We are also looking for volunteers to help with games, etc – if willing, please sign-up at the Information Center.

**Halloween Heist** – Young Adults, come October 25<sup>th</sup> at 6:30pm. For those who are fans of Brooklyn 99, you will recognize this game! Teams of two come dressed in your Halloween costumes and get ready for some food, a raffle, and a modified version of King of the Hill game.

**Lunch at The Community Table** – Our church is serving at the Community Table on October 25<sup>th</sup>. Please sign-up at the Information Center if you would be willing to donate. Please bring items to The Community Table (next to the food pantry on Mill St) by 10:30am on Friday, October 25<sup>th</sup>. Contact Peg Bresser at 382-9648 if you have any questions. Thank you!

## *Bulletin Board News*

**Offering** may be placed in one of the three white offering boxes located in the lobby, may be given online, or through autopay. For more info or to set up autopay, please contact Megan. Upcoming benevolent schedule: 10/20 Missionary Salary, 10/27 St. Jude, 11/3 Remember the Children, 11/10 Mighty Oaks Foundation. If you feel led to give specifically towards the parking lot project, please put your check in a separate marked envelope in one of the offering boxes. The deacons are keeping track separately of what has been contributed toward the project, which will be shown in the monthly financial reports. Thank you.

**Congrats** to Vern Schouten as he celebrates his 83<sup>rd</sup> birthday on October 21<sup>st</sup>.

**Congrats** to Jim & Karen Stelsel as they celebrate their 66<sup>th</sup> wedding anniversary on Oct 23<sup>rd</sup>.

**Congrats** to Larry & Donna Kok as they celebrate their 50<sup>th</sup> wedding anniversary on October 24<sup>th</sup>.

**AMEN** articles are due next Sunday, October 27<sup>th</sup>.

**Parking Lot Project** – The parking lot renovation project is scheduled for the week of October 21<sup>st</sup>. There will be no access to the parking lot during that entire week. You may enter the church using the west doors. All Wednesday evening activities are canceled October 23<sup>rd</sup>.

**Snow Plowing Bids** – We are accepting bids for snow plowing for the parking lot (excluding sidewalks). Bids are due to the church office in a sealed envelope by October 27<sup>th</sup>.

**Food Pantry Donations** – During the month of October we are collecting donations for the Brandon & Waupun Food Pantries. Requested items include: jelly, crackers, canned chicken, gravy, applesauce and anything else for food and/or paper products. Donations may be placed in the tote below the church mailboxes.

**Mission Backpack** – Now through Oct 27<sup>th</sup> we are collecting non-perishable individually packaged items. We will use these items to pack the Ziploc bags that will be placed in students backpacks throughout the school year for Mission Backpack. You can help pack these bags at our Mission Backpack Family Night on Wed, Nov 6<sup>th</sup> 5:30-7:30pm. We will start the night out with pizza and then we'll move into packing bags. Our goal is to pack 600 bags. Donation needs are posted on the Children & Families bulletin board. Feel free to reach out to Lynnae with any questions. All donations can be dropped off in the totes located by the Children & Families bulletin board. Information about Mission Backpack can be found in your church mailbox or at the Children & Families Resource Center.

**Operation Christmas Child Boxes** are available in the handicap entrance to pack on your own at home. If you would like to pack a box: please take a box and shipping label brochure, pack the box at home, and return the box to the handicap accessible entrance along with the \$10 shipping donation in the envelope provided by November 17<sup>th</sup>.

**Dishes** – Please check the table in the lobby for any dishes you may have left after a funeral or other event. Anything left after October 27<sup>th</sup> will be donated.

## P - praise R - repent A - ask Y – yield

**Praise:** Lord Jesus, we praise you for giving your life for our sin. We thank you for taking the punishment we deserve to reconcile us to God. We exalt you above all else and praise your name.

**Repent:** Father, forgive us for rebelling against your Word and pursuing evil. Forgive me for dabbling in the sin of \_\_\_\_\_...

**Ask:** Holy Spirit, lead us and guide us into your mission. Give us a clear vision of what you desire for our church and for me, personally. Direct me in prioritizing what matters most. Help me accomplish your vision without losing track of the greater mission.

- Guide our consistory in every decision, so that your mission will be pursued and lives transformed by your grace and truth.
- Stir up a conviction in our political leaders to support life, liberty, and justice. Uncover evil and deception in our leaders that they may lead us toward truth.
- Protect the vulnerable, strengthen the oppressed, encourage the weak, and bring peace to embattled nations.
- Bring healing, strength and peace to those listed below as they face challenges each day. Renew their hearts, minds, and bodies to continue to live faithfully in this world.

**Yield:** I will maintain a life of prayer, study your Word, participate in the Lord's supper, gather with believers regularly, use my spiritual gifts and financial resources to further the mission of Jesus through the local church, live a life pleasing to you and accept the spiritual guidance of the church leadership.

**THIS WEEK...** Pray for Jade Bresser as she recovers from surgery.

**Healing:** Friends and family with cancer, undergoing treatment, hospitalized, recovering from surgery/illness, etc.: Jade Bresser, Renee Bruins, Bruce Buwalda, Barbara Gordon, Desarae Hull, Faye Janey, Lynette Loomans, Jim Parrish, Dave Rumley, Dale Schultz, Jean Stelsel, Jim Stelsel, Joyce VanBuren, Jodi Vande Berg, Scott Van De List, Jean Vande Zande, Ron Vande Zande, Harold VanRuiswyk, and Tom Winscher.

### **Military Personnel:**

Aaron Zeatlow, stationed in Las Vegas; Sebastian Hoenisch, stationed in North Carolina, grandson of Larry & Gloria Mulder; Matt Saunders, nephew to David Grulich & Rosemary Tschinkel Cyler Ruis, stationed in California, nephew to Joel & Pamela Ruis

**Shut-ins:** Members in assisted living, nursing homes or those confined to their home: **Barrett House:** Lowell Glewen **Beaver Dam Rehab:** Faye Janey **Charleston House:** Brian Hemp **Christian Home:** Sharon Harmsen, Barrie & Ardyce Tenpas, Dayton TerBeest, Kay Vande Zande, Marilyn Westerveld **Home:** Julie Medema, Marion Tolsma **Christian Homestead:** Betty Bruins **Markesan Resident Home:** Margaret Hoekstra **Prairie Ridge:** Annice Hopp, Eleanor Loomans

**Missionaries:** Bob & Amy Abel – Remember Nhu, Steve & Amanda Bialy – Converge, Chris Briggs – CCD, Andy Lickel – InterVarsity, Jersey & Preston Sheldon – Overland Missions, Scott Ritzema – Youth for Christ